

May 2014



Welcome to our Employee Family

Rachel Mazour-CNA

Mary Tisthammer-
Housekeeping

Cassidy Chohon-Dietary

Cris Elznic-Dietary

Jennifer Borer-CNA

New Residents

Nursing Home:

Dan Morgan

Bud Ranslem

Violet Bruhn

Returned Home

Eileen Werner

Bud Ranslem

Sympathy

*We extend our sympathy
to the families of:*

Royce Sherrill

Doug Thompson

From the Desk of *Lindsie Lueken* **Administrator**

Greetings to All,

Happy Spring! It's been a long winter, and we are all very excited for nicer weather. Nathan and Gene have been working hard to get all of the inside projects done before it gets nice out. I encourage everyone to stop by and check out the new Therapy Room, located on Husker Lane where the Activity Room was located. It is open 24/7 and provides us much more room for therapy to be done, and have mass on the weekends. We also added a new Activity Room near the dining room that is great for small group activities. This will also provide us more room for residents and families to gather on weekends and holidays.

The other great news, I would like to share, is that Mid-Nebraska Lutheran Home just achieved a 5-star Rating from Medicare.gov Nursing Home Compare. Nursing Home Compare allows consumers to compare information about nursing homes by using a star rating system that ranges 1-5, with 5 being the highest rating you can achieve. It contains quality of care information on every Medicare and Medicaid-certified nursing home in the country. Reviewing health inspection results, staffing data, and quality measure data are three important ways to measure nursing home quality. This information gives you a "snap shot" of the care individual nursing homes give. You can check out our 5 star rating by going to Medicare.gov Nursing Home Compare and search Mid-Nebraska Lutheran Home.

Lindsie Lueken

Administrator

News from *the Activities Department*

We have been very busy in the activity department. We have celebrated Saint Patrick's Day, Valentine's Day, Mardi Gras, and the birthdays. We have moved to a new location in the building. We are now located on third unit next to the nurses station. You will have to come in and check out our new room. We would like to say thank you to all of our volunteers that come in and help us out on our different activities. Feel free to come in and join us on the many different activities we have going on throughout the day. If you would like to volunteer please feel free to give Ashley Ransen a call at 402-447-6203.

Ashley Ransen

Activity Director



Pictured above and below is the new Activity Room.



Pictured above is the New Therapy Room



Peggy Temme and Karla Dohmen enjoying a nice day outside.

News From the Newman House

Well, another season is here-it hasn't been a bad winter, just long and some very cold days. So, we are looking forward to warmer days and some good rains. We have had some nice parties- Valentine's Day, St. Patrick's Day, and birthday party's. Who doesn't like a party?

Always enjoy the volunteers who do music programs, bible studies, and our Sunday Chapel meetings. We have a new resident in the Assisted Living her name is Carlyn Skillstad . She moved here in February and we welcome her.

Until Next Time.
Margaret Christensen
Resident



Darlene Korus, Betty Strong, Margie Ann Schutt, and Jeanette Mortensen enjoying a nice day outside.

News from *the Nursing*

It is that time of year again where you have to decide if it is a cold or allergies. A common cold is caused by a virus, as a seasonal allergy is an immune system response triggered by an exposure to an allergen. It is a few ways to determine if it is a cold or an allergy:

Symptom	Cold
Cough	Usually
General aches and pains	Sometimes
Fatigue	Sometimes
Itchy Eyes	Rarely
Sneezing	Usually
Sore throat	Usually
Runny Nose	Usually
Stuffy Nose	Usually
Fever	Rarely

Symptom	Allergies
Cough	Sometimes
General aches and pains	Never
Fatigue	Sometimes
Itchy Eyes	Usually
Sneezing	Usually
Sore Throat	Sometimes
Runny Nose	Usually
Stuffy Nose	Usually
Fever	Never

Treatment of a common cold: rest, pain relievers, and over-the-counter cold remedies.

Treatment of seasonal allergies: over-the-counter or prescription antihistamines, nasal steroid sprays, and decongestants.

Birthdays

April

Violet Bruhn - 3
Jennifer Borer- 3
Mollie Thompson- 4
Shelly Petersen- 15
Wendy Groenke- 18
Natalie Kurtenbach- 18
Bonnie Adamson- 21
Trudy Chamberlain- 22
Kortni Deeder- 23
Loretta Fields- 26
Stephanie Little- 26
Leona Szudlo- 27
Linda Petersen- 28

May

Martha Arreguin 5-1
Marsha Kyncl 5-1

Rebecca Rudloff- 6
Dorothy Thies- 11
Dolores Pospisil- 11
Bryttanie Nelson- 13
Doug Nelson- 18
Courtney Brauner- 20
Julie Kettelson- 24
Eleanor Beltz- 25
Rachel Carraher- 26
Margaret Kurtenbach- 28
Carolyn Korth- 31

June

Jennifer Landauer- 3
Betty Strong- 7
Dan Morgan- 9
Earleen Potmesil- 17
Anna Morbito- 18
Jack Sawyer- 19
Karen Ranslem- 20

Tia Machacek- 23
Pat Flamme- 23
Brooke Pieke- 23
Tania Arreguin- 24
Sis Olson- 27

Anniversary

April

1 Year

Jodi Mausbach

2 Years

Peggy Parsons

4 Years

Natalie Kurtenbach

May

1 Year

Kendra Nelson

2 Years

Alisha Dunlap

Brooke Pieke
Cristina King

3 Years

Tammy Martin
Ashley Ransen

7 Years

Sheena Wallin

30 Years

Jan Stone

June

1 Year

Jennifer Reyna

2 Years

Angie Stevens
Stacey Schiltmeyer

6 Years

Shirley Henn

13 Years

Carol Metz



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NATHAN RAST, MAINTENANCE

IF YOU WOULD LIKE TO SEND EMAILS TO RESIDENTS PLEASE SEND THEM TO
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